Our Services

- Adult Day Health
- CAP In-home Aide
- Equipment, modification and technology
- Meal preparation and delivery
- Respite services Institutional respite and In-Home Aide respite
- Personal Emergency
 Response Services (PERS)
- Specialized medical supplies
- Community transition
- Community integration
- Training, education and consultation
- Coordinated caregiving
- Case Management and Care Advisement
- Personal Assistance
- Financial Management for Consumer Directed services



Who We Are

Eligibility Requirements

The CAP/CHOICE Program

The Community Alternatives Program for Disabled Adults (CAP/DA) is a Medicaid Home and Community-Based Service. This waiver program provides:

- A cost-effective alternative to institutionalization for a Medicaid beneficiary, who is medically fragile and at risk for institutionalization if home and community-based services approved by the CAP/DA waiver were not available.
- CAP/DA services allow the beneficiary to remain in or return to a home or community-based setting by supplementing, rather than replacing, the formal and informal services and supports already available to an approved Medicaid beneficiary.



To qualify for the CAP/DA program you must:

- Be a disabled adult, 18 years or older. Be eligible for Medicaid.
- Have a documented medical condition that supports the need for services provided
- under CAP/DA. Have a medical provider who agrees you need Nursing Facility level of care.
 Require at least one or more CAP/DA home
- and community based service that must be coordinated by a CAP/DA case manager, in order to live in the community.

To apply for CAP services please call:

(336) 641-3660 or visit *NCDHHS.gov* and search CAP/DA

NCLIFTSS INFORMATION
CAP Referral Fax #: 833-470-0597
CAP Referral Questions #: 833-522-5429 CAP
Referral EMAIL: NCLIFTSS@Kepro.com
Website: NCliftss I Home (kepro.com)

CAP/CHOICE is a self-directed care option under CAP/DA. This program:

- Is for adults who wish to remain at home and have increased control over their services and supports.
- Offers services available under CAP/DA in addition to personal assistant services, financial management services, and a care advisor.
- Allows participants to more fully direct their care by selecting and managing a personal assistant and having more flexibility in tailoring plans to meet their care requirements. The personal assistant is hired by the recipient to provide personal and home maintenance tasks.

Who Qualifies for CAP/CHOICE?

- Individuals who meet the eligibility requirements for CAP/DA AND understand the rights and responsibilities of directing one's care;
- Individuals willing and capable of assuming the responsibilities for self-directed care OR are able to select a representative who is willing and capable to direct the recipient's care.

