



OFFICE *of the* COUNTY MANAGER

MARTY LAWING

Stay at Home Order

To further combat the spread of COVID-19, Guilford County issued a Stay at Home Order today, directing all Guilford County residents to stay at home and limit movements outside their homes beyond essential needs. The Order will take effect Friday, March 27, 2020 at 5 PM.

YOU CAN

- Go to the grocery, convenience or warehouse store
- Go to the pharmacy to pick up medications and other healthcare necessities
- Go to the medical appointment (check with your doctor or provider first)
- Go to a restaurant for take-out, delivery or drive-thru
- Care for or support a friend or family member
- Take a walk, ride your bike, hike, jog and be in nature for exercise -- just keep at least six feet between you and others
- Walk your pets and take them to the veterinarian if necessary
- Help someone to get necessary supplies
- Receive deliveries from any business which delivers

YOU SHOULD NOT

- Go to work unless you are providing essential services as defined by this Order
- Visit friends and family if there is no urgent need
- Maintain less than 6 feet of distance from others when you go out
- Visit loved ones in the hospital, nursing home, skilled nursing facility or other residential care facility, except for limited exceptions as provided on the facility websites.

Questions can be emailed to stayhome@guilfordcountync.gov