### **Our Services**

- Adult Day Health
- CAP In-home Aide
- Equipment, modification and technology
- Meal preparation and delivery
- Respite services Institutional respite and In-Home Aide respite
- Personal Emergency Response Services (PERS)
- Specialized medical supplies
- Goods and services participant, individual-directed, pest eradication, nutritional services, non-medical transportation and chore services-declutter and garbage disposal
- Community transition
- Community integration
- Training, education and consultative
- Coordinated caregiving
- Case Management and Care Advisement
- Personal Assistance
- Financial Management for Consumer Directed services



#### Who We Are

# **Eligibility Requirements**

# The CAP/CHOICE Program

The Community Alternatives Program for Disabled Adults (CAP/DA) is a Medicaid Home and Community-Based Service. This waiver program provides:

- A cost-effective alternative to institutionalization for a Medicaid beneficiary, who is medically fragile and at risk for institutionalization if home and community-based services approved by the CAP/DA waiver were not available.
- CAP/DA services allow the beneficiary to remain in or return to a home or community-based setting by supplementing, rather than replacing, the formal and informal services and supports already available to an approved Medicaid beneficiary.





## To qualify for the CAP/DA program you must:

- Be disabled adult, 18 years or older.
- Be eligible for Medicaid.
- Have a documented medical condition that supports the need for services provided under CAP/DA.
- Have a medical provider who agrees you need Nursing Facility level of care.
- Require at least one or more CAP/DA home and community based service that must be coordinated by a CAP/DA case manager, in order to live in the community.

To apply for CAP services please call: (336) 641-3660 or visit <u>NCDHHS.gov</u> and search CAP/DA for a paper referral form

### CAP/CHOICE is a self-directed care option under CAP/DA. This program:

- Is for adults who wish to remain at home and have increased control over their services and supports.
- Offers services available under CAP/DA in addition to personal assistant services, financial management services, and a care advisor.
- Allows participants to more fully direct their care by selecting and managing a personal assistant and having more flexibility in tailoring plans to meet their care requirements. The personal assistant is hired by the recipient to provide personal and home maintenance tasks.

#### Who Qualifies for CAP/CHOICE?

- Individuals who meet the eligibility requirements for CAP/DA AND understand the rights and responsibilities of directing one's care;
- Individuals willing and capable of assuming the responsibilities for self-directed care **OR** are able to select a representative who is willing and capable to direct the recipient's care.