



## Recursos para los nuevos padres

### Defensa legal y apoyo

Catholic Social Services	274-5577
Center for Behavioral Wellness (A&T)	285-2605
Consumer Credit Counseling	373-8882
Domestic Violence	800-799-SAFE (7233)
Faith Action Int. <a href="http://www.faithaction.org">www.faithaction.org</a>	379-0037
Family Service of the Piedmont	GSO 273-7273
24-hr Crisis Domestic Violence	HP 889-7273
Family Justice Center (Greensboro)	641-7233 SAFE
Institute for Family Centered Services	297-9009
Lawyer Referral Service	800-662-7660
Legal Aid of NC \$50/30 mins.	866-219-5262
Legal Alternative (HP)	883-7900
Piedmont Health Service/Sickle Cell Agency	274-1507
Triad Health Project (HIV/AIDS):	
*801 Summit Ave, GSO	275-1654
*620 English Rd, HP	884-4116
Women's Resource Center, GSO	275-6090
World Relief	887-9007

### Bebé y lactancia materna (IBCLC)

Car Seat Inspection	Call 373-2177 to find technician location
@ Various GSO Fire Depts.	
Barb Carder, RN, IBCLC	WF Premier: 802-2200
Cone Health Lactation	Women's Hospital: 832-6860
High Point Regional Lactation	878-6712
La Leche League <a href="http://www.lllofnc.org">www.lllofnc.org</a>	1-877-452-5321
WIC in GSO	641-5666 (BF hotline: 641-4114)
WIC in HP	641-7571 (BF hotline: 641-7689)

### Recursos y referencias para el cuidado de niños

Guilford Child Development	378-7700
NC DHHS <a href="http://www.ncchildcare.net">www.ncchildcare.net</a>	800-859-0829
Regional Child Care Resources and Referral	GSO 369-5097 HP 887-8224

### Desarrollo/Educación/Crianza

Children's Home Society:	800-632-1400
*Family Life Council	333-6890
*Family Life Education Services	274-1583
Cone Health: Education Center	832-6682

\*Terapia física (Pruebas de desarrollo)  
<https://guilfordbasics.org> (aprendizaje temprano)  
[www.guilfordchildren.org/families/](http://www.guilfordchildren.org/families/) (recursos)  
<https://smallmometsbigimpact.org> (resiliencia)

### Guilford Child Development:

*Headstart/Early Headstart	369-5095 or 5097
*Learning Together (ESOL+PreS)	369-5050 or 5060
NC A& T Cooperative Extension	375-5876
NC Pre-K <a href="http://www.guilfordchildren.org/families">www.guilfordchildren.org/families</a>	274-5473
Parents as Teachers <a href="http://www.patgc.org">www.patgc.org</a>	691-0024
YWCA (Padres adolescentes/Recursos para padres)	
*1807 E. Wendover Ave, GSO	273-3461
*115 Westwood Ave, HP	882-4126

### Empleo y discapacidad

Goodwill Industries, GSO	282-7307
Job Link Career Center	GSO 373-5922/HP 885-8826
NC Works	GSO 297-9444/HP 882-4141
Social Security Administration	877-319-3075
*Disability, SSI	800-772-1213
Welfare Reform Liaison	Wrlp.net 691-5780x122
Vocational Rehab.	GSO 299-7337/HP 887-2686

### Asistencia económica

Barnabas Network (GSO, furniture)	370-4002
Greensboro Urban Ministries (GUM)	271-5959
Greensboro Center of Hope (Salvation Army)	273-5572
Guilford Community Care Network (Orange Card)	<a href="http://guilfordccn.org/Home/Orange">http://guilfordccn.org/Home/Orange</a>

<b>Guilford County DHHS:</b>	<b>641-3000</b>
*Child Day Care (cupones)	641-3715
*Child Support Enforcement	641-6438
*Child Protective Services	641-3795
*Medicaid/food stamps	<a href="https://epass.nc.gov">https://epass.nc.gov</a>
*Work First	641-3000
Helping Hands (Mt. Zion – GSO)	373-4264
Helping Hands of HP (ver asistencia alimenticia)	886-2327
Medicaid Ombudsman	<a href="http://www.ncmedicaidombudsman.org">www.ncmedicaidombudsman.org</a>
NC Medicaid Managed Care (M-F, 7-5)	833-870-5500
Welfare Reform Liaison Project - Store	
*863 N. Raleigh St., GSO	908-7622
*605 Washington St., HP	908-7624

### Asistencia alimenticia

Blessed Table Food Pantry (GSO)	312-4172
Greater HP Food Alliance—find food in HP	<a href="http://www.ghpfa.org">www.ghpfa.org</a>
Greensboro Urban Ministries/Food Pantry	271-5959
<b>Guilford County DHHS</b>	<b>641-3000</b>
*Food Stamps	<a href="https://epass.nc.gov">https://epass.nc.gov</a> 641-4588
Helping Hands of HP	886-2327#1
	<a href="mailto:info@helpinghandsHP.org">info@helpinghandsHP.org</a>

## Atención de salud, dental y de urgencia

Cone Health (GSO):	
*Community Health & Wellness Center	832-4444
*Family Medicine Center	832-8035
*Urgent Care	832-4400
*Primary Care at Pomona	299-0000
Community Clinic of High Point	841-7154
Greensboro Pregnancy Care Center	274-4881
GTCC Dental Clinic	334-4822 x50251
Health Department:	
*Todas las citas clínicas (GSO & HP)	641-3245
*Evans Blount Total Access Care (GSO)	641-2100
*Chandler Dental Clinic (GSO)	641-3152
*High Point Dental Clinic	641-7733
*Vacunas	641-6625
<a href="https://kidshealth.org/en/parents/guide-parents.html">kidshealth.org/en/parents/guide-parents.html</a>	
Mustard Seed Community Health	763-0814
<a href="https://newmomhealth.com">newmomhealth.com</a>	
Planned Parenthood of GSO	373-0678
Wake Forest Baptist Health Urgent Care	716-9150

## Hospitales

Cone Health <a href="https://conehealth.com">conehealth.com</a> :	
*Alamance Regional Hospital	538-7000
*Behavioral Health	832-9700
*Financial/Billing	832-8125
*Moses Cone Memorial Hospital	832-7000
*Wesley Long Hospital	832-1000
*Women's Hospital	832-6500
Wake Forest Baptist Medical Center:	716-2011
*Brenner's Hospital	713-0000
*High Point Medical Center	878-6000

## Vivienda

Affordable Housing Management	273-0568
Find Affordable Housing	<a href="https://www.socialserve.com">www.socialserve.com</a>
GSO Housing Authority <a href="https://www.gha-nc.org">www.gha-nc.org</a>	275-8501
Greensboro Housing Coalition	691-9521
High Point Housing Authority	887-2661
Partnership Village (GSO)	286-6401
Room at the Inn (GSO)	275-9566

## Apoyo de salud mental y asesoría

Agape Psychological	855-4649
Bodyandsoultotalwellness.com (HP)	812-9733
Caring Services (HP) (Addiction)	886-5594
Center for Behavioral Wellness (A&T)	285-2605
Cone Health/Behavioral Health	832-4357
Evans Blount Total Access Care (GSO)	271-5888
Family Psychological Associates	336-282-0072
Family Service of Piedmont	GSO 387-6161 HP 889-6161

Fisher Park Counseling	542-2076
Heiney & Associates (Dr. Mary Heiney)	275-9889
Hope Filled Hearts (PPD Support Group)	HP 609-7383
Journeys Counseling	ofc 294-1349/cell 451-1113
Kellin Foundation (GSO)	429-5600
Mended Hearts Counseling (HP)	609-7383
Mental Health Association of GSO	373-1402
Mental Health (Sandhills)	800-853-5163
Mobile Crisis Management	877-626-1772
Monarch (GSO)	676-6840
Peculiar Counseling (GSO)	285-7616
Ringer Center (GSO)	379-7146
<b>Suicide Prevention:</b>	
*National HOPE	800-784-2433
*Postpartum moms	800-773-6667
*Suicide Prevention Lifeline	800-273-8255
Restoration Place Counseling	542-2060
RHA Behavioral Health Services	899-1505
Triad Psychiatric Counseling Center	632-3505
UNCG Psychology Clinic	334-5662
*Strong Minds, Strong Community	256-8567

## Poison Control

800-222-1222

## (Envenenamiento)

## Necesidades especiales

AutismUnbound.org	854-9797
Buddy Break <a href="mailto:buddybreak@wmsumc.org">buddybreak@wmsumc.org</a>	560-3967
Children's Developmental Service Agency	334-5601
Communications Services for the	275-8878
Sordos y con problemas de audición	VP-TTY 274-1461
Easter Seals	545-6338
Family Support Network	832-6507
TEACCH – Autism Program	334-5773

## Abuso de sustancias/Cese del hábito de fumar

Alanon <a href="https://www.greensboroalanon.org">www.greensboroalanon.org</a>	800-449-1287
Alcohol and Drug Services of GSO	333-6860
Alcoholic Anonymous	854-4278
Mary's House Residential Program	275-0820
Narcotics Anonymous	800-365-1036
Quit Smoking Hotline	800-QUIT NOW

## Transporte

Greensboro Transit Authority	335-6499
High Point Transit Authority	889-7433
Medicaid Transportation:	
* AmeriHealth Caritas	855-375-8811
* Healthy Blue	855-397-3602
* United Healthcare	855-397-3604
* WellCare	877-598-7602
* Medicaid Direct (nec. especiales)	641-3000
Piedmont Authority Regional Trans (PART)	662-0002

