

## **About Our Services**

#### Services for Children

We, Guilford County Department of Public Health, a Division of Guilford County Department of Health and Human Services, promote the healthy growth of children and youth by providing services to individual families and the community.

- Child Care/Preschool Nursing Our child care team provides services such as health education, investigation of possible communicable diseases, basic health screenings and consultations within child care centers/homes.
- Community Alternatives Program for Children (CAP/C) CAP/C is a special Medicaid program that provides an alternative to nursing facility and long-term hospital care for children birth through age 18 who have complex medical needs and live in a private residence. An individual's care plan includes case management and is designed to meet their specific needs. Services may include skilled nursing visits, physical therapy, durable medical equipment, personal care, selected medical supplies, home mobility aids, hourly nursing and respite care.
- Care Coordination for Children (CC4C) Our team of nurses, social workers and community health assistants provide care to clients in the client's home. The team provides childhood testing for exposure to lead and education; follow-up visits as requested by a family's physician; on-going assistance to families with children age 5 and under who have or are at risk of developmental delay; and identification of children who need community services.
- **Dental Care Services** Healthy teeth are an important part of healthy bodies. Our Dental Clinic staff provides exams, treatment, cleanings and emergency care for children up to age 21 with Medicaid and NC Health Choice; children up to age 21 who have been denied Medicaid or NC Health Choice, for a reduced fee to be paid at time of service; and pregnant women who have a Medicaid card.
- **Dental Education Services** Our dental educators are registered dental hygienists who provide services in our public schools and childcare centers as well as education for all ages.
- Immunizations Immunizations (shots) are necessary to protect babies and children from serious diseases, but often the schedule to follow is overwhelming and confusing. Our Immunization Unit offers not only required and recommended immunizations, but also education about the diseases that the shots prevent.
- School Nursing Our public school nurses serve in many roles, providing health education and health-related counseling to students, parents and school staff. They are liaisons among the school, home and medical community. School nurses provide health screenings, follow-up and referrals for conditions such as chronic illnesses and communicable diseases.
- Women, Infants and Children (WIC)/Nutrition Program Our Women, Infants and Children (WIC)
  program provides a nutritional assessment, personalized education and food vouchers to eligible participants,
  breastfeeding support and loaner breast pumps.

## **Environmental Health Services**

We provide a broad range of services that protect and maintain the community and environment of Guilford County.

• Children's Environmental Health – We inspect and provide technical support and education to child care operators and staff including ACES and NC Pre-K Programs. We also inspect school cafeterias and facilities with the Food and Lodging Program, all after school programs, More at Four, Smart Start and others.

The Childhood Lead Poisoning Prevention Program identifies and requires controls or elimination of lead poisoning hazards in a child's environment. Tattoo/piercing permitting and inspection is also part of this program area. All artists in the county are required to be permitted annually.

- Food and Lodging Sanitation Our Food and Lodging Program inspects, issues operational permits, provides technical support, performs architectural plan review and provides training for restaurants, food stands, mobile food operators, swimming pools, special events and other assigned facilities. We also inspect lodging and institutional facilities, including hotels, jails, hospitals and nursing homes.
- Health Hazards Identification & Assessment Our Health Hazards Team is responsible for identifying, controlling and/or eliminating any health hazard in Guilford County. These responsibilities include insect and rodent control (including mosquitoes and mosquito borne diseases), solid waste issues and mobile home park sanitation.
- On-Site Sewage Our Water Quality Program oversees site evaluations, permitting and inspections to insure proper placement, design, construction, repair, operation and maintenance and abandonment of on-site sewage disposal systems. Staff provides services to the public, contractors, developers, and others.
- **Public Swimming Pools** The Public Swimming Pool staff conducts plan reviews, issues operational permits, performs inspections and investigates complaints.
- Health and Environmental Risk Assessment (HERA) Our Underground Storage Tank (UST) Program protects our soil and groundwater by monitoring and enforcing the removal of underground storage tanks, performing UST compliance inspections, collecting and analyzing water samples and responding to chemical/petroleum spills.
- Water Quality and Private Well Water Testing Our Water Quality Program oversees the construction, repair, abandonment and sampling of water supply wells in Guilford County. Staff provides services to the public, well contractors, developers and others.

# Reproductive Health Services

We offer clinical services and educational programs with the goal of helping families have the healthiest pregnancy possible.

- Adolescent Pregnancy Prevention Programs- Our health education team offers several programs to help teens make responsible choices and to help reduce teenage pregnancies. Various programs focus on abstinence, education, leadership, responsibility and support for teens, parents and the community.
- **Pregnancy Care Management** Pregnancy Care Management provides case management services to assist Medicaid eligible pregnant women in finding services to meet their needs throughout pregnancy and at least two months after delivery. We also offer parenting and prepared childbirth classes, home visits during your pregnancy and within one week of delivery, and referral to resources you may need.
- Family Planning Services Any resident of North Carolina may receive family planning services in our clinics. Charges are based on income and family size. All services provided are strictly confidential regardless of the age of the patient. Parental involvement is encouraged with minors, but not required. Men are also encouraged to participate in our program. Men can receive information on reproductive health issues that affect them in private one-on-one sessions. Free condoms are available in our clinic. We offer a full range of family planning services, including birth control; physical examination; Pap smear; health education; short-term counseling; laboratory tests (through our in-house laboratory); pregnancy tests; counseling and referral for male/female sterilization; adult immunizations; HIV testing and counseling; sexually transmitted infection testing and counseling; initial and annual exams with screening for high blood pressure, diabetes and anemia; and vaginitis and urinary tract infection screening and treatment.
- Maternity Services (Traditional Services) Any female resident of North Carolina may receive maternity services at Guilford County Department of Public Health. We accept Medicaid, Presumptive Medicaid or charge a sliding scale fee (based on family size and income). You may qualify for our special maternity care program (Adopt-A-Mom). Maternity/prenatal care services include physical examination; laboratory tests; prepared childbirth classes;

parenting classes; supportive counseling; nutrition counseling/assistance; breastfeeding education; home visits; Pregnancy Care Management; adult immunizations; HIV testing and counseling; sexually transmitted infection testing and counseling; and substance abuse counseling.

**Maternity Services** (**Centering**Pregnancy<sup>TM</sup>) – We now offer **Centering**Pregnancy, which is an innovative way of providing prenatal care to county residents. **Centering**Pregnancy includes health assessments, education and support to help women deliver healthier babies. To learn more about **Centering**Pregnancy of Centering healthcare, go to <a href="https://www.centeringhealthcare.org">www.centeringhealthcare.org</a>.

- Guilford County Coalition on Infant Mortality The Guilford County Coalition on Infant Mortality is a nonprofit organization housed within the Guilford County Department of Public Health. The Coalition's goal is to ensure that babies in Guilford County are born healthy and thrive beyond their first year of life. The Coalition works to eliminate infant death and disability through community education and involvement. Our Adopt-A-Mom Program coordinates prenatal care with private OB-GYNs for pregnant women who do not qualify for Medicaid and do not have private insurance to cover the cost of prenatal care.
- Newborn Home Visits All parents of newborns in Guilford County may receive newborn home visits within three to five days of delivery by registered nurses free of charge. Our nurses check on your baby's health, answer your questions and offer support and education. Incentive items are given at each visit. Interpreters are provided for Hispanic clients. These visits are supported by a Smart Start grant.
- The Regional Vasectomy Program Men age 21 years and older who have concluded that surgical sterilization is the best choice for permanent birth control but are unable to afford the procedure still have an option. The Guilford County Department of Public Health offers interested men in North Carolina the opportunity to have permanent birth control through the Regional Vasectomy Program. Cost is based upon family size and income. Our vasectomy program contracts with local board-certified urologists in eleven cities in North Carolina where patients may go for their vasectomy.

### **More Services**

- Adult Immunizations We provide vaccinations for adults age 18 years and older. Charges for immunizations vary.
- Care Management Our Care Management Program is a grant-funded program for eligible older adults that link them to services they are unable to access themselves. These services allow clients to remain safely in their home and community. Care management services include case management, care plans and in-home aide services.
- Child Fatality Prevention Team- Child Fatality Prevention Team seeks to identify and reduce preventable child fatalities through systematic, multidisciplinary and multiagency reviews of child fatalities, data-drive recommendations for legislative and public policy initiatives, interdisciplinary training and promotion of community-based prevention education.
- Communicable Diseases (CD) Our Communicable Disease staff performs surveillance, control and
  ongoing public education on infectious and contagious diseases such as Tuberculosis, HIV/AIDS, Influenza
  (flu), Malaria, Hepatitis, Pertussis (whooping cough), and Measles, as well as other common communicable
  diseases that affect our county's health.
- Community Alternatives Program for Disabled Adults (CAP/DA) Our Community Alternatives Program for Disabled Adults (CAP/DA) allows elderly and disabled adults to receive support services in their homes, as an alternative to nursing home placement. It enables individuals to remain in their homes safely while receiving quality care. An individual's care plan always includes case management and may include skilled nursing visits, physical therapy, occupational therapy, speech therapy, in-home aide services, respite care, adult day health services, durable medical equipment and supplies, telephone alert, oral nutrients and home mobility aids.
- Community Health Response Program Our Community Health Response Program (CHRP) provides short-term health care for adults who are homebound and living in Guilford County. Home visits are made to evaluate an individual's home environment and general physical condition. Services include limited skilled nursing, personal care assistance and referral to community resources to meet the individual's health and personal needs. Fee for service is determined by the client's individual income.

- **Health Education/Public Information** Agency-produced "fact sheets" and brochures and information about speakers, education programs, health fair display topics, and other educational opportunities and services offered by our agency are available online at <a href="https://www.myguilford.com">www.myguilford.com</a>
- **Health Surveillance** Provides health surveillance and analysis for the county.
- HIV and Sexually Transmitted Infection Counseling and Testing We offer free and confidential testing and treatment for syphilis, gonorrhea and chlamydia, as well as HIV testing and referral services.
- International Travel Services We offer travel services for individual vacationers, business travelers, church groups and missionary teams. Services include immunizations, international certificate of vaccination, malaria prevention medication and travel consultation. Consultations are with extensively trained and experienced nursing staff and include travel packets of reference information and the most current travel information from the Centers for Disease Control and Prevention (CDC) and the World Health Organization (WHO).
- **JustTEENS Program** The JustTEENS Program provides needed healthcare services such as non-sport physicals, immunizations, pregnancy tests and private health counseling in separate teen friendly clinical area. These services are free to young adults under the age of 18 years and based on a sliding fee scale up to age 20.
- Laboratory The laboratory performs various tests in support of Health Department Programs.
- Pharmacy/Medication Assistance Program (MAP) The Medication Assistance Program (MAP) provides free or low cost chronic disease medications for the uninsured and medication reviews. A pharmacist will check for medicines that you may need. The pharmacist will then help you decide which services are best to help you manage your drug costs. The services are free for residents with chronic diseases and who meet eligibility guidelines.
- **Public Health Preparedness** In conjunction with federal, state and local first responding agencies, our department has contributed to the development of an emergency plan for our county as well as a plan with standard operational guidelines for our staff. Together, with our community partners, we will respond to protect and serve our community in the event of a disaster whether man-made like an act of terrorism, or weather or disease-related.
- Refugee Health Care Refugee health care services provide care to newly-arrived refugees (adult and children) and include health assessments and follow-up, communicable disease screening and immunizations. Refugee health care also provides "civil surgeon" services to non-citizens seeking green cards.
- Tobacco Use Prevention- Provide technical assistance for schools and youth-serving agencies to prevent teen tobacco use, and support the enforcement of 100% Tobacco-Free School policies, as well as for colleges and universities to adopt and implement 100% Tobacco-Free Campus policy. We educate health care providers (including addiction and mental health professionals) and worksites to promote best practices in the treatment of tobacco use. In addition, we support smoke-free and tobacco-free policy in worksites, multiunit housing, public places, government buildings and grounds through policy education and technical assistance. Periodic tobacco use cessation (Quit Smart) classes are offered to the public.
- Tuberculosis Control We provide services to monitor, control and screen for tuberculosis (TB) in Guilford County. These include case management services for those confirmed to have TB disease. We assure compliance with TB treatment by directly observing the patient taking TB medication. TB skin tests are available for general screening as well as for TB-related investigation. There is no charge if the service is related to a case of TB; otherwise, there is a fee.
- Vital Statistics Records all birth and death records.

For more information, call 336-641-7777 or visit our website at www.myguilford.com