Early planning for travel is the

best protection against disease.

The Guilford County Division of Public Health's

International Travel Services are designed to provide you with everything you need to reach your destination and to return home as healthy as possible.

Let us help you plan your next trip!



Guilford County Division of

<u>Public Health</u>

International Travel Services

1100 E. Wendover Avenue, Greensboro, NC 27405

501 E. Green Drive, High Point, NC 27260

Appointment line:

(336) 641-3245

Main Number:

(336) 641-7777

Website:

www.myguilford.com





International Travel Services



Working to assure your health both here and abroad.

Guilford County

Department of Health and Human Services, Public Health Division's

International

Travel Services

Are

the best in the business.

- Over 25 years experience in travel health
- Experienced, extensively trained and knowledgeable staff
- Complimentary consultation available for groups (e.g., church, mission, school) at your site
- Two convenient locations: Greensboro & High Point



Our Comprehensive International Travel Services Include:

- Individual and group travel consultation based on a review of your medical history, travel itinerary and area health risks
- International Certificate of Vaccination
- Travel immunizations for the following diseases:

Chicken Pox (Varicella)

Hepatitis A

Hepatitis B

Measles/Mumps/Rubella (MMR)

Medications for malaria prevention

Medications for traveler's diarrhea

Meningitis

Polio

Rabies

Tetanus/Diphtheria

Typhoid Fever

Yellow Fever

- The latest health and safety recommendations from the Centers for Disease Control and Prevention (CDC) and the World Health Organization (WHO) about area food and water safety, protection against mosquitoes and arthropod vectors, animal-associated hazards and personal health information and supplies.
- Some insurances accepted. Some fees apply-ask when you call!

Scheduling Your Appointment

Appointments should be scheduled three to six months prior to your departure date, when possible. A minimum of two weeks is necessary to establish immunity with most vaccines. Call us as soon as you confirm your travel plans.

During your visit, a nurse will:

- Review your travel plans and medical history
- Explain the required and recommended vaccines
- Administer vaccines
- Provide other health-related travel information upon request

Don't forget to pack your health information and supplies!

- Health insurance identification
- Health record: List of illnesses, drug allergies, operations, blood type, special medications, vaccination records, international travel certificates, if needed.
- Copies of current prescription information, including glasses and contacts
- List of your doctors and their contact information
- Your emergency contact information